



American University of the Caribbean
School of Medicine

Letters of Recommendation
Office of Student and Professional Development

Letter of Recommendation (LOR)

- Who to ask for an LOR
- How to approach a letter writer
- Should I waive my right
- Which rotations should I get LORs for
- Process to upload LOR

Who to ask for an LOR?

- Physicians familiar with your clinical abilities, medical knowledge and work ethic
- Physicians who are aware of your interpersonal skills with patients and ability to work in a team
- Ask the letter writer if he or she feels they could write you a good LOR

How to approach a letter writer?

- A great time to ask is when you are on clinical service with the individual
- Provide letter writer a packet with an easy-to-read CV, personal statement
- LORs typically need to be uploaded to ERAS by Sept 1 in order for it be available for programs to see when you start applying to programs on Sept. 15