



American University of the Caribbean School of Medicine



WELCOME GUIDE



American University
of the Caribbean
School of Medicine

NOTICE OF ACCESSIBILITY: Requirements for academic and technical standards are considered with or without reasonable accommodation.

American University of the Caribbean School of Medicine (AUC) is committed to providing reasonable accommodations for qualified students with disabilities consistent with applicable laws. AUC maintains a process for students to use should they wish to request an accommodation.

Accommodation requests can be made at any time during a student's program for didactic, clinical, and other circumstances such as graduation.

The Office of Student Disability Services | Email: aucosds@adtalem.com

For more information please refer to the catalog and student handbook, please visit aucmed.edu/media/8561/auc-student-handbook-pdf

If you would like an alternate form of this guide one can be provided, please email your request to marketing@aucmed.edu

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PEDRO L. DELGADO, MD

WELCOME TO AUC

These next four years will be challenging but they will also be the most stimulating and rewarding years of your life. We are excited to welcome you to AUC School of Medicine as you begin this important journey.

Please use this guide to help prepare for your travels and enjoy the beauty of Sint Maarten once you land. AUC's Office of Admissions and dedicated AUC teams are here to answer any questions you may have. Refer to the contact Information on page 44 for contact details.

AUC offers an intimate and unique learning environment that has long been cultivated and nurtured by our faculty, students and staff. Here, you're a part of a tight-knit community where collective success and collaboration are a priority.

Welcome to the AUC family! Wishing you much success on the journey ahead.

PEDRO L. DELGADO, MD
Dean
Sint Maarten Campus



PART 1

PREPARING FOR YOUR ARRIVAL

WELCOME TO AUC!

We know you have a lot on your mind as you prepare to start your MD degree, so the information in this Welcome Guide is designed to help make this a smooth transition.

Be sure to read everything on these pages and then complete the necessary tasks.

PLANNING YOUR JOURNEY TO SINT MAARTEN

AUC's medical sciences campus is located in Sint Maarten, a 37-square-mile Caribbean island approximately 150 miles east of Puerto Rico. The island is shared by the governments of France and the Netherlands Antilles and, as a result, boasts a vibrant blend of both cultures. Students can easily navigate the island as English is spoken everywhere and the US dollar is generally accepted. With no shortage of cuisines, nationalities (estimated at over 100) and world renown tourism spots, Sint Maarten makes for an exciting environment for living and learning.



SCHEDULING YOUR FLIGHT

Princess Juliana International Airport (SXM), Sint Maarten's main airport, is conveniently located just 10 minutes from AUC School of Medicine. It serves as a major Caribbean hub for US and Canadian airlines and welcomes direct flights from several North American cities.

After landing at Princess Julianna International Airport, students can take a 2-mile taxi ride to AUC's campus for about \$15-\$20 USD. During orientation week, we will have a welcome team onsite to greet you at the airport and escort you to campus via our complimentary shuttle service. We encourage students to align their travel with the orientation dates to use this service. Please Visit aucmed.edu/about/Events/Welcome-Week.html

TRAVEL DOCUMENTATION

You will need to travel with the following documents:

- Valid passport (check that your passport is signed and has not expired)
- AUC School of Medicine Acceptance letter
- Naturalized U.S. citizens must show an original naturalization certificate with photo ID
- Permanent U.S. residents must travel with their Permanent Resident Card (Green Card) and valid passport

If you plan to bring a spouse or other family members:

- Marriage certificate
- Return tickets

NOTE: If you are not a U.S. or Canadian citizen, you may be required to obtain a visa. Please contact the nearest Dutch Embassy/Consulate to find out if you need a visa or other documentation. Our immigration coordinator will be in contact with you to get any appropriate information and will request a landing permit on your behalf if needed. Once you receive the permit, you will be able to meet with the embassy to obtain a visa for your stay in Sint Maarten.

For additional information on travel to Sint Maarten, please visit the official Sint Maarten website at sintmaartengov.org.



VIRTUAL CAMPUS TOUR EXPLORE BEFORE YOU GO

Take a self guided 360 degree virtual tour of our campus and the surrounding neighborhoods:
aucmed.edu/about/virtual-tour

INTERNATIONAL TRAVEL REGISTRATION

Students and their families are encouraged to register their travel with their home country's Department of State or Foreign Affairs. This will ensure that local embassies and consultants are aware of your extended stay in Sint Maarten and can communicate with you in the case of an emergency, or should your passport be lost or stolen.

Two popular services are the United States' Smart Traveler Enrollment Program (STEP) and Canada's Registration of Canadians Abroad service. Please check with your home country for registration availability or requirements.

RELOCATING A FAMILY

AUC School of Medicine extends a warm welcome to partners and family members who are relocating to Sint Maarten with a student. The AUC Spouses Organization is the foremost resource for families and serves as a major social network and support system before and during your time on island. Get advice ahead of your move and connect with other families who have already transitioned to island life. The Spouses Organization is here to foster fellowship and community involvement for your loved ones while they are on the island (and you are in the classroom). For further information please visit:



or contact them directly at: aucspousesorg@gmail.com



RELOCATING A PET

Students planning to bring a pet to Sint Maarten must apply for permission from the island's Inspection Department and will be asked to provide specific documentation upon arrival. Required documentation varies by country, state, and even airline so please research all specific rules and regulations ahead of time. Typical documentation includes an international health certificate, your approved animal import application, and rabies vaccination records. We recommend contacting the Inspection Department at least two weeks before your arrival to Sint Maarten. Pet owners can also join the AUC Doggie Play Group on Facebook for student advice on all pets, not just dogs.

minerva.jones@sintmaartengov.org

Inspection Department TEZVT – Agriculture.
Livestock and fisheries Zoutsteeg mr. 3,
Phillpsburg, St. Maarten
Office: 1-721-543-7820

Pet Import form:
animalhospitalsxm.com/health-certificates-travel-info/



PACK LIST

WHAT TO BRING TO SINT MAARTEN

TECHNOLOGY

- A laptop and optionally a tablet, set up with a cloud back up such as Box or Dropbox service to protect critical data
- Grounded power strips (ensure these power strips have surge protection)
- USB drive
- Unlocked cell phone (for those who want to purchase an island SIM card. Not needed for residents of the AUC on-campus housing)
- Microsoft Office Suite*

* Note: Each student receives a license to the Microsoft Office Suite with their AUC student email free of charge. Students will receive a communication the same day or day after they receive notification that their email address has been established, with detailed information on how to access these licenses

CLOTHING

Leisure/Everyday Wear:

- Shorts, tank tops, flip flops, running shoes and slides
- Sweaters, long-sleeved shirts for lecture halls and study rooms
- 2-3 bathing suits
- Raincoat, hat for sun protection, sunglasses

MEDICATIONS

If you take medications, bring enough to last you one semester. Please contact a Sint Maarten pharmacist to ensure your medications are available on the island.

 info@mahopharmacy.com

 +1 721-545-1300

CLINICAL MEDICINE/PROFESSIONAL WEAR

- Semi-formal outfits for special events
- Business casual outfits for Clinical Medicine (CM) courses*
- 3 pairs of scrubs for anatomy lab. Scrubs also available on island for purchase at Campus Services.
- White coat for lab and ICM (available for purchase on campus)

* Note: ICM meets weekly, so be sure to pack enough business attire for this, as well as other professional activities and meetings that will occur throughout the semester.

TOILETRIES

- | | | |
|---|--|--|
| <input type="checkbox"/> Eye contact solution | <input type="checkbox"/> Q-tips | <input type="checkbox"/> Face wash |
| <input type="checkbox"/> Toothpaste | <input type="checkbox"/> Floss | <input type="checkbox"/> Lotion |
| <input type="checkbox"/> Toothbrushes | <input type="checkbox"/> Shampoo/conditioner | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Mouthwash | <input type="checkbox"/> Soap/body wash | <input type="checkbox"/> First aid items |

MISCELLANEOUS

Many of these items are available for purchase once you arrive to Sint Maarten but you may find it more economical to bring them with you.

- Swiffer (replacement pads are available on the island)
- 3-4 bath towels and hand towels
- 2 beach towels
- Goggles
- Combination lock for your anatomy locker/gym locker
- Bedding and a pillow
- Hangers
- Bath rugs
- Desk lamp
- Flashlight that is rechargeable or has a manual crank
- Room decorations/personal items
- Bug spray
- Thermometer



NOTE: Bulk shipping is the most economical manner to deliver larger personal items, such as books, televisions, and computers to Sint Maarten. This means, however, that packages will be consolidated at Miami as an interim destination. For further information, please contact the following shipping companies:

Econocaribe
305-693-5133
econocaribe.com

Fourstar Cargo
305-693-5133
fourstarcargo.com

Tropical Shipping
561-881-3900
tropical.com

GETTING STARTED: NEW STUDENT TASKS

As a new student, there are a few things you need to complete.

MyAUC PORTAL

The AUC Portal is a central information hub for AUC Students. Please familiarize yourself with the resources available here. community.aucmed.edu

YOUR AUC EMAIL

Your AUC email account will be used for all official notices and communication with the institution. Web email is accessible through: outlook.com/students.aucmed.edu or for further convenience, please visit AUC's homepage, aucmed.edu and use the "Students Web Mail" quick link located at the bottom of the page.

HEALTH INSURANCE

Students are required to obtain global health insurance coverage through our sponsored provider, Nagico. You will be automatically enrolled upon your acceptance to AUC and will receive your insurance card during New Student Registration. Students relocating with a dependent or significant other can purchase additional insurance. You can speak with a Nagico agent during Orientation Week.

AUC students who do not have coverage will not receive a temporary residency permit. Please be sure to keep your primary health insurance up to the first day of class to eliminate any disruption in coverage.



GET CONNECTED

Every incoming class at AUC is assigned a Facebook group where students can connect and post updates about various school and outside activities. All incoming students will receive an e-mail to join the Facebook group. Student clubs and organizations are also active on Facebook.



APPS TO DOWNLOAD

The following applications are used regularly among students and on the island, we recommend downloading these before you get to the island.



VENMO

Wallet sharing application. Make and share payments to friends and family with a Venmo account using money you have in Venmo, or link your bank account or debit card quickly. Some students choose to use it as a convenient way to pay club dues, buy swag and supplies on campus, or make other purchases.



WHATSAPP

Messaging and calling application offering the ability to connect for simple, secure, messaging and calling all over the world.





PART 2

HOUSING & LIVING ON SINT MAARTEN

AUC School of Medicine students have the option to live on- or off-campus. No matter where you choose to live—both have their advantages—you will want to ensure that your environment is conducive to the rigors of medical school. AUC can help you find the place that is right for you.

ON-CAMPUS HOUSING: UNIVERSITY APARTMENTS

Furnished student apartments are available for incoming students on a first-come, first-served basis. Our one and two bedroom units are outfitted with an AC unit, wireless internet, a desk, chairs, sofa, dining table, refrigerator, stove, microwave, bed, dresser and shower curtains, and units include a fully equipped kitchen, as well as dining and living areas. Those in double rooms enjoy a balcony with beautiful ocean and bayside views. Your amenities, including internet, utilities, and water are included in the apartment list price. We also have laundry facilities on site for \$1–2 per cycle. Please be aware that University apartments are not supplied with bedding, bath items, etc. Therefore, we recommend that these particular items be brought to the island or purchased upon arrival:

- bedding: twin-size extra large sheets (89" x 39")
- pillow and case
- bedspread comforter
- hangers
- lamps
- throw rugs
- mattress pad/cover
- bathroom towels, bath rugs, cleaning brush
- additional items: iron, alarm clock, small transistor radio, cleaning supplies, garbage bins, can/bottle opener, first aid kit, computer surge suppressor, flash light and batteries



THE DEPARTMENT OF HOUSING & RESIDENTIAL LIFE

is staffed from Opening Hours 8:00am to 4:00pm, Monday through Friday. The Office of Safety & Security is also available to assist students with move-in after 4:00pm every day, including weekends. On housing check-in dates, the Department of Housing and Residential Life will have extended hours.

You can email housing@aucmed.edu for more information.

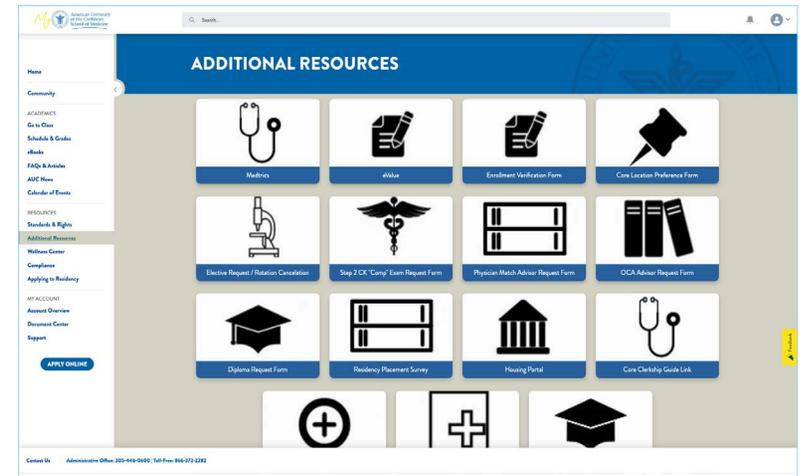
OFF-CAMPUS HOUSING

In addition to on-campus housing, AUC students can choose to live in a variety of off-campus (but nearby) apartment complexes. The Office of Housing & Residential Life maintains a database of options that you can search based on criteria like housing distance, amenities, and price. Some of the most popular off-campus housing options include:

- **Beacon Hill**
- **Blue Residence**
- **Cupecoy Beach Club**
(amenities include a pool)
- **Jordan Village**
- **Mirage Residence**
- **Porto Cupecoy**
(amenities include a pool, 24/7 security, and an onsite grocery store)
- **Rainbow Beach Club**
(gated property; amenities include a pool, private beach access, and 24/7 security)
- **Tradewinds**
(gated property that is family and pet friendly; amenities include a pool and 24/7 security)

APPLY FOR HOUSING

To apply for AUC on-campus housing, or to see listings for off-campus housing options, visit the Resources section of the AUC Student Portal: my.aucmed.edu/resources/housing.



JOIN US FOR AN OFF-CAMPUS HOUSING INFO SESSION!

Get information and guidance on what to look for when selecting off-campus housing.

Contact the Department of Housing and Residential Life for date and details.



CURRENCY

The U.S. dollar is widely accepted throughout the island, however, U.S. personal checks are usually not accepted. We advise students to travel with an ATM card and/or a sufficient amount of cash to support you during the first few weeks of school. If you have not made housing accommodations, be prepared to have two months rent in cash available for your off-campus security deposit.

BANKING

There are several banks on the island: Republic Financial Holdings Ltd (RFHL), Royal Bank of Canada (RBC Financial Caribbean), First Caribbean International Bank, and Windward Islands Bank. If you require a local account, we suggest opening a “non-resident” U.S. dollar savings account. You will need to have your passport, acceptance letter, and a minimum balance of \$25–\$500. To open a checking or savings account, you will need a letter of reference from your current bank, along with your passport and a minimum balance. Please be aware that checking accounts are expensive to maintain and checks are

not readily accepted by merchants. However, ATM machines are available for both checking and savings accounts. AUC has two ATM machines on campus: RBC and RFHL.

Student credit balances are issued in U.S. dollars and students may receive their credit balance by direct deposit to a U.S. bank account or a U.S. check mailed to their home address. Students may also opt to pick up a local or U.S. check on campus.

Note: Students should call their banks to learn about how their current accounts will operate on island.

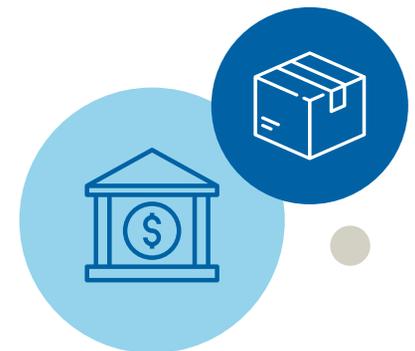
MAIL & PACKAGES

AUC receives packages and mail from various carriers, including USPS, Canada Post, UPS, DHL, and FedEx. Regular mail (USPS, Canada Post), takes between 6–8 weeks and express mail can take up to 10 days. Courier services take between 2–3 days for express delivery and can cost around \$40 from the United States and \$115 or more from Canada.

Once you arrive to Sint Maarten, you can setup a local mailbox through the island’s mail service. Initial setup must be completed at the Mailbox office in Simpson Bay. Mail is distributed to campus every Monday and Thursday and will be delivered to our Notes Service. Students will receive an email alert once a package arrives.

Remember to clearly mark “AIR MAIL” on all letters and packages and make sure to note that the packages are being shipped to a PO Box. Items should be sent to the following address:

Student Name
c/o American University of the
Caribbean School of Medicine
#1 University Drive at Jordan Road
Cupecoy, Dutch Lowlands,
Sint Maarten



CELL PHONE/PHONE SERVICES

TelCell and UTS (“Chippie”) are the major mobile service and cellular providers in Sint Maarten. In addition to the business fair, students can visit these providers at their local branch offices. A pre-paid SIM card typically costs \$20 and call credit is about \$10. There are different packages available for call minutes and data and students can add credit to their account as needed. Monthly packages are also available. You can purchase a SIM card from most local grocery stores (e.g., Tung Yeung). AUC students and family members can also access a complimentary international phone in the AUC Cafeteria.

AUC organizes a business fair at the beginning of each semester where students can meet with telecommunications representatives to purchase and activate a cellular phone and/or SIM card. Contact the Office of Student Affairs for date, time and location of the next business fair.

TELEm

Airport Road, Skyport Marina
Simpson Bay, Saint Maarten
+1 721-548-4357

telemgroup.sx/

info@telemgroup.sx

Hours:

M–Sunday 7:00 a.m.–9:00 p.m.

UTS

Codville Webster Road #2
Philipsburg, Saint Maarten
721-588-1010

caribserve.net/

infosxm@uts.sx

Hours:

M–F 8:00 a.m.–4:00 p.m.



INTERNET

AUC is a wireless campus with access available to students for study and appropriate personal use. Students can connect to the wireless network on their own device or use computers in our campus Computer Lab, which are available during Library hours. Students living in the university apartments have access to the campus wireless network from their rooms.

TelNet

ADSL internet

3G wireless service

Smart Wi-Fi prepaid service

telemgroup.an

info@telemgroup.an

721-546-0200 or

721-546-0100

Caribserve

WiMax 4G high speed internet

Wireless ADSL internet

caribserve.net

info@caribserve.net

721-542-4233

Coral Telecom NV

broadband internet

coral-telecom.com

info@coral-telecom.sx

721-544-5529

Off campus, students have the choice of several local internet service providers, including UTS (“caribserve”), TelEM (“TelNet”), and Coral Telecom NV. Most providers offer DSL, wireless DSL, and 4G service. Depending on the provider, type of service, and level of service, startup costs can range from \$100 to \$250 with monthly rates ranging from \$50 to \$120. Students will be able to meet with internet service providers during the university’s campus business fair and can purchase and schedule the installation of internet service.





THRIFTY CAR RENTAL LOCATIONS

- **102 Airport Road (1.34 miles from campus)**
Philpsburg, NA
dollarthriftysxm.com
customerservice@dollarthriftysxm.com
721-545-2393
- **AUC Campus, Rotunda**

SHIPPING, RENTING OR PURCHASING A CAR

You can buy a used car in Sint Maarten for a reasonable price or you can ship your car to the island. For information on shipping a car, contact Intermar Shipping at 721-542-4734.

Cars can be purchased from students leaving the island, from dealers, or from ads in the local newspaper. The typical price range for a car is \$800 to \$4,000 depending on its condition. If you plan on purchasing a used car, we strongly advise you to have it inspected by a local mechanic before signing a purchase agreement. We also advise having your selected insurance provider review all documentation prior to making any transaction to avoid purchasing a stolen vehicle.

You may also choose to lease a car. Leases are around \$475+ per month depending on the make and model of

the car (insurance not included). Do not rush into a rental car agreement; give yourself adequate time to evaluate all of your available options. We do not recommend signing a long term rental agreement as they do not have cancellation options.

Students can also rent a car with an agency of their choice. We recommend going through reputable agencies like Dollar/Thrifty Car Rental. Students can speak with a Thrifty representative on campus, in the Rotunda. To rent a car, you will need to have funds for a security deposit (typically \$100–\$500) and a valid driver's license. Cars begin around \$30 (plus tax) and liability and collision insurance are available for \$8/day and \$10/day each.

MANDATORY INSPECTIONS & INSURANCE

The Sint Maarten Government issues automobile stickers as a part of their road tax system. It will cost \$35 to have your car inspected, which can be good for 1 or 2 years depending on the age of the car. In addition, you will have to pay a yearly road tax of about \$210. If you own a car in Sint Maarten, you will need to insure it with a local company. You cannot use your vehicle insurance from home. Annual automobile insurance can cost approximately \$200–400 and scooter insurance can cost \$60–\$150. Representatives from People's Insurance regularly visit campus to setup and renew insurance for students.

ELECTRICITY

AUC owns and operates generators that provide electricity for the campus and university apartments. The Dutch side of the island, where AUC is located, has electrical current of 100 volts, 60 cycles. The 100-volt electricity is compatible with U.S. computers and small appliances. The French side of the island uses an electrical current of 220 volts, 50 cycles.



GETTING AROUND

The AUC campus is located in Cupecoy, which is not serviced by a public bus line. Taxi services are available throughout the island. A fare from the airport to AUC will cost approximately \$20. Extra passengers and/or bags will cost an additional fee. Taxis in Sint Maarten are cash-only so please plan accordingly. During evening hours, AUC offers a courtesy shuttle service from campus to surrounding neighborhoods (Maho, Beacon Hill, Point Pirouette, Cupecoy, and Port Cupecoy). The shuttle operates between 6:15 p.m. and 3:00 a.m. 7 days a week. To request the shuttle from campus, visit the Welcome Center or call 721-588-4018 (calls can be received through WhatsApp).





PART 3

CAMPUS LIFE & RESOURCES



CAMPUS ACCESS

The AUC campus and University Apartments are monitored by security personnel. The only people allowed on campus are AUC faculty, staff, students, spouses and authorized visitors who have current ID badges. AUC reserves the right to ask any visitor, student or staff member to leave the facility following any disruptive behavior. Visitors must check in with security and obtain a guest permit. This will enable them to access the campus if the visit is authorized. Safety and security personnel will issue students an identification badge during registration.

CAMPUS SECURITY

AUC is committed to providing a secure and crime-free campus environment. Security awareness is an important part of our culture at AUC and we encourage all students, faculty, and staff to accept responsibility for their own safety as well as the safety of others. The AUC Office of Safety and Security renders a 24/7 service and maintains ongoing communication with the police department of Sint Maarten. We closely monitor the campus as well as nearby residencies and neighborhoods using surveillance monitoring, bike patrols, k-9 service, and a shuttle service. They are also responsible for emergency response, campus vehicle registration, university ID badges, lost and found, and wellness checks. Please refer to the annual safety and student disclosures brochure for updated campus crime statistics as well as information on reporting procedures, appropriate conduct, and the disaster/emergency response plan.



AUC COMPLIMENTARY SECURITY SHUTTLE SERVICE

During evening hours, AUC offers a courtesy shuttle service from campus to surrounding neighborhoods (Maho, Beacon Hill, Point Pirouette, Cupecoy, and Port Cupecoy). The shuttle operates between 6:15 p.m. and 3:00 a.m. 7 days a week. To request the shuttle from campus, visit the Welcome Center or call 721-588-4018 (calls can be received through WhatsApp).

WELLNESS COUNSELING

Wellness counseling is available to help students achieve and maintain balance during medical school. Services include individual and group counseling; assessment and referral; preventative education, and crisis intervention. Common counseling concerns include homesickness, anxiety, depression, relationship issues, difficulties with cultural adjustment, grief/loss, and academic concerns. The Wellness Counselor will work with you to access the type of help you need.

AUC BOOKSTORE

The campus Bookstore offers a variety of school supplies, lab supplies, and university apparel for purchase. We encourage you to stop by and browse our inventory or visit our website at bookstore.aucmed.edu.





FITNESS CENTER

AUC's fitness center is centrally located and available to campus community members on a 24/7 basis, free of charge. Our open workout area features rubber flooring, state-of-the-art cardio machines, strength training equipment, and weight racks and accessories. Students also enjoy access to two fitness rooms for group exercise, martial arts training, and open gym time.

EQUIPMENT

- Treadmills
- Elliptical Machines
- Stationary Bikes
- Stairmaster Steppers
- Rowing Machines
- Free Weights
- Plate Loaded Machines

GROUP CLASSES*

- Yoga
- High-Intensity Interval Training (HIIT)
- Zumba
- Boxing
- Jiu-Jitsu
- Capoeira

**Subject to change*

AUC's campus recreation team is heavily invested in activities that promote student health and wellbeing. We maintain and regularly invest in new recreation spaces and equipment for AUC students, including on-campus basketball courts and nearby use of soccer fields and beach volleyball courts.



PLACES OF WORSHIP

People of different cultures, backgrounds and religions call AUC home. There are many places of worship on the island, if you want help contacting local faith communities, or information about places you can worship, please connect with one of the following student organizations, or reach out to the Office of Student Affairs.

- Christian Medical & Dental Association (CMDA): cmda@students.aucmed.edu
- Jewish Medical Student Association (JMSA): jmsa@students.aucmed.edu
- Muslim Student Association (MSA): msa@students.aucmed.edu
- Catholic Student Association (CSA): catholic@students.aucmed.edu

STUDENT ORGANIZATIONS

AUC is proud to enroll a diverse student body. With a wide variety of interests and backgrounds, our students foster a vibrant campus community that is both active and inclusive. Our more than 25 clubs and organizations allow students to connect with one another and develop unique learning opportunities while progressing through medical school. Clubs are organized around a broad array of interests related to health and the practice of medicine, and include organizations focused on religion, ethnicity and culture, professional focus, and commitment to philanthropy.

STUDENT CLUBS

American Medical Students Association (AMSA)
American Medical Women's Association (AMWA)
Asian Student Medical Association (ASMA)
AUC Brazilian Jiu Jitsu Club
Black Medical Students Association (BMSA)
Catholic Student Association
Christian Medical and Dental Association (CMDA)
Canadian Medical Student Association (CMSA)
Gastrointestinal Student Interest Group (GSIG)
Jewish Medical Students Association (JMSA):
Latin Medical Students Association
Muslim Student Association (MSA)
Oncology Interest Group
Phi Chi
Spouses Org
Student Government Association (SGA)
Student Judiciary Committee (SJC)
Student Volunteer Committee (SVC)
Sports Medicine



SPECIALTY INTEREST GROUPS

Emergency Medicine Interest Group (EMSIG)
Family Medicine Interest Group (FMIG)
Obstetrics & Gynecology Interest Group (OBGIG)
Pathology Interest Group (PATHIG)
Pediatrics Interest Group (PIG)
Radiology Interest Group (RIG)
Surgery Interest Group (SIG)
Student Interest Group in Neurology (SIGN)
Disaster Medicine Interest Group (DMIG)
Gender & Sexuality Interest Group (GSIG)
Global Health Interest Group (GHIH)
3D Printing Club
Latin Medical Students Association





PART 4
**WELCOME
WEEK &
ORIENTATION**



YOUR FIRST WEEK AT AUC IS ALL ABOUT EXPLORING OUR CAMPUS AND FACILITIES, GETTING TO KNOW YOUR PEERS, PREPARING FOR YOUR COURSES, AND SETTLING INTO LIFE AS AN AUC STUDENT.



Visit aucmed.edu/about/events/welcome-week for a complete schedule of welcome week activities.



AIRPORT SHUTTLE TO CAMPUS

AUC's welcome team will be at the Sint Maarten Princess Juliana Airport on move in days. Look for our on-site staff to escort you to campus via our complimentary shuttle service.

REGISTRATION & ORIENTATION

Registration by a student is considered an agreement to comply with the AUC Student Handbook, including the Honor Code, the Technical Standards, and AUC policy and procedures.

CAMPUS TOURS

Your first week at AUC is all about exploring our campus and facilities, getting to know your peers, preparing for your courses, and settling into life as an AUC student.



Visit: aucmed.edu/about/events/welcome-week for a complete schedule of welcome week activities.





PART 5
DIRECTORY
LISTING



SINT MAARTEN CAMPUS DIRECTORY

If you have any questions, please reach out to your Associate Director of Admissions or the AUC Office of Admissions:

Office of Admissions
10315 USA Today Way
Mirimar, FL 33025

admissions@aucmed.edu

305-446-0600 or 866-372-2282

ACADEMIC AFFAIRS

Dr. Nurbanu Pirani
Senior Associate Dean,
Academic Affairs

npirani@aucmed.edu

721-545-2998 ext. 4041223

ACADEMIC SUPPORT

Aruna Ullal
Academic Counselor

academicsupport@aucmed.edu

721-545-2298 ext. 4042236

DISABILITY SUPPORT & ENGAGEMENT

Dr. Kimberly Kirkland
Senior Associate Dean, Student Affairs

kkirkland@aucmed.edu

721-545-2998 ext. 4041271

FACILITIES

Denis Thomas
Senior Facilities Manager

dthomas@aucmed.edu | 721-587-6602

The Facilities Office is located in the Rotunda of Building 1.

Office hours are Monday through Friday from 8:00 a.m. to 3:00 p.m.

To report a maintenance issue, email AUCworkorders@aucmed.edu.

DEPARTMENT OF HOUSING AND RESIDENTIAL LIFE

Melissa Harrison-Grinuva
Assistant Manager

mharrison-grinuva@aucmed.edu

721-545-2298 ext. 4041250

On-Call Residential Advisor
(University Apartments)
7:00 p.m. to 7:00 a.m.,
721-554-9678

The Department of Housing & Residential Life is located on the ground floor of Building 1. Office hours are Monday through Friday from 8:00 a.m. to 4:00 p.m. opening hours. For questions related to university apartments (e.g., housing request, room change request, regulation violations, guest visitation request), email housing@aucmed.edu.

INFORMATION TECHNOLOGY SERVICES

Cathy Vollmer
Manager of Information
Technology Services

cvollmer@aucmed.edu

721-545-2298 ext. 4041373

The Help Desk is located in the Information Technology Services annex between Building 1 and the University Apartments. Office Hours are Monday through Friday, 8:00 a.m. to 11:00 p.m. and Saturday and Sunday 8:00 a.m. to 1:00 p.m. To reach the general Help Desk, contact helpdesk@aucmed.edu or call 721-545-2298 ext. 4041259.



LIBRARY

Bette Bissonnette

Director of Library Services

bbissonnette@aucmed.edu

721-545-2298 ext. 4041241

The Library is located on the 2nd floor of Building 1. It is open daily (Monday–Sunday) from 8:00 a.m. to 11:00 p.m. and now includes a 24/7 study space. To reach the general library, email library@aucmed.edu or call 721-545- 2298 ext. 1394. The Library portal can be accessed at aucmed.libguides.com/library.

OFFICE OF SAFETY & SECURITY

Gerard Lake

Manager of Safety and Security

glake@aucmed.edu

721-545-2298 ext. 4041285

To reach an on-duty security supervisor, dial 721-588-4018. To reach the general department, call 721-545-0619 or email security@aucmed.edu.

UNDERGRADUATE MEDICAL EDUCATION (UME) STUDENT SERVICES

Rodney C. Bowen Jr.

University Registrar

rbowen@aucmed.edu

305-446-0600, Option 4

WELLNESS COUNSELING

Miguel Rivera, LMHC, NCC,
Interim Director of Wellness Counseling

mrivera@aucmed.edu

721-545-2998 ext. 4041271

AUC's Wellness Counseling Center is located on the 2nd floor of Building 1, behind Chertok Hall. To schedule an appointment, students can stop by the office or email sxmwellness@aucmed.edu. Since e-mail accounts are not monitored on a constant basis, please do NOT use them for crisis situations. If you have an urgent mental health crisis after-hours, please call 721-587-6661. If you need more immediate assistance, please call 721-588-4018 for the On-Duty Security Supervisor.

SINT MAARTEN EMERGENCY CONTACTS

Emergency Services (Dutch Side)

- Police Department: 911 or 721-542-2222
- Ambulance: 912 or 721-542-6001
- Fire Emergency: 919
- Hospital Medical Center: 721-543-1111

Emergency Services (French Side)

- General Emergencies: 17 or 00-590-52-25-52
- Police: 17 or 00-590-87-88-35
- Ambulance or Fire Emergencies: 18 or 00-590-87-95-01

Campus Service

- On-call Safety and Security Supervisor: 721-588-4018
- Security Shuttle: 721-588-4018 (calls can be received on WhatsApp)

Professional Support

- Mental Health Crisis Hotline: 721-587-6661
- Dr. Hidde Deketh (physician): 721-545-4280

STUDENT AFFAIRS

Dr. Kimberly Kirkland

Senior Associate Dean

kkirkland@aucmed.edu

721-545-2998 ext. 4041271

The Office of Student Affairs is your central source for information about university policies and procedures, disability, and co-curricular services and programs. We welcome questions and suggestions from all of our students and look forward to connecting with you soon.





PART 6
SINT
MAARTEN
SERVICES &
RESOURCES

Services and businesses are subject to be changed due to local guidelines and restrictions related to the pandemic.

SHOPPING GUIDE

AUC is located in the Cupecoy area of Sint Maarten, a growing neighborhood with plenty of shopping and dining options. Here you can find what you need within steps of campus.



LOCAL GROCERY STORES

Tung Yuen Supermarket

- 1-minute walk from AUC Campus.
- This is a corner store market with a lot more than you'd expect—Anything from dry to wet goods. Eggs, milk, juices, spices, dry food, canned food, bread, sauces/spreads, and a few microwavable items. If you don't feel like cooking or forgot an item from one of the larger grocery stores, a stop to the Asian market is perfect. It also has a few household items.

Market Cupecoy

- 5-minute walk from campus.
- This functions as a meeting place and grocery market for organic products. Sandwiches and smoothies can be ordered, there is a hot food and salad bar.

Carrefour (Jordan Village Location)

- New location, 3-minute walk from campus.
- This is a small supermarket with a lot of American food and products. You can buy most of the necessary cooking items here. Fresh produce, fruits, meats, fish, snacks, breads, cheeses, etc. They give a 5% discount to AUC students.

Prime

- 10-minute drive from campus.
- This is the most similar store to Sam's Club/Costco, though probably half the size. Everything here is sold in bulk so this is a very good location to buy cereal, canned goods, snacks, and anything else you would buy from a wholesale store.

Carrefour (Porto Cupecoy location)

- 20-minute walk from campus or a 2-minute drive via AUC shuttle or Carrefour shuttle.

Carrefour (Philipsburg location)

- 25-minute drive from campus
- This is the largest Carrefour on the island and is brand new. With a large stock and wide variety, you can find almost everything you need here including spices, American brand goods, frozen food products, and household items. Students recommend buying meat and produce here. They also give a 5% discount to AUC students.

Cost.U.Less (Philipsburg location)

- 25-minute drive from campus.
- This store is comparable to a Sam's Club/Costco. Everything here is sold in bulk so this is a very good location

to buy cereal, canned goods, snacks, and anything else you would buy from a wholesale store.

SuperU (Marigot)

- 30–35-minute drive from campus.
- This is another very large supermarket where you can find most of the groceries that you need. Be aware that everything written on products is in French, but item locations and pictures make it navigable. This store is a cost-friendly option that also provides a 5% AUC student discount.



SHOPPING TIP

The island is big on reusing bags and shoppers often reuse their old plastic bags or buy 2–3 reusable ones. Bag boys are available at most grocery stores to help bag your items, but they expect tips. Unless you tell them that you will bag your groceries, they will do it for you.

Going to buy groceries will most likely require a vehicle. If you are going to rent a car, do so a few days in advance to secure transportation.

LOCAL EATS

With a mix of cultures and cuisines, Sint Maarten has an abundance of restaurants to satisfy your taste buds. Students suggest the following favorites to begin your culinary experience.

\$ = Under \$15 \$\$ = 25 \$\$\$ = \$26+

AMERICAN

Rendez Vous Lounge \$\$
Porto Cupecoy (good breakfast!)

Greenhouse \$\$
Simpson Bay (discount for AUC)

Sunset Beach Bar \$\$
Maho

Dinghy Dock Bar \$\$
Simpson Bay

Topper's \$\$
Simpson Bay

Zee Best \$\$
Simpson Bay (good breakfast!)

Bar Code \$\$
Cupceoy

BBs \$
Cupceoy (bar food!)

Sint Maarten Yacht Club Bar and Restaurant \$\$\$
Simpson Bay

Karakter \$\$
Simpson Bay

El Zafiro \$\$
Beacon Hill

Jule's Bakery \$
Cupceoy

Shogun \$
Cupceoy

The Deli at Oasis \$\$
Maho



MEDITERRANEAN

Lal's \$\$
Simpson Bay

Beirut \$\$
Simpson Bay

Little Jerusalem \$
Simpson Bay

Little Beirut \$\$
Cupceoy

Al-Pasha \$\$
Simpson Bay

ASIAN/SUSHI

Wasabi Charlie \$\$\$
Simpson Bay

Avantika \$\$\$
Simpson Bay

Little Bamboo \$\$
Simpson Bay

Gong Fu Tea \$\$
Porto Cupecoy

ITALIAN

Izi \$\$\$
Simpson Bay

Spaghetti House \$
Cupceoy

Mario's \$\$\$
Located at The Cliff

Rialto Pizza and Pasta \$
Maho

FRENCH

Frenchy Ludo's \$\$\$
Simpson Bay

Vesna Taverna \$\$\$
Simpson Bay

CHICKEN

Pollos Hermanos \$\$
Simpson Bay

KFC \$
Cole Bay

Buffalo Wings \$\$
Simpson Bay

TEX/MEX

3 Amigos \$\$
Maho

Jimbo's \$\$
Simpson Bay

Ernest and Fidel \$\$
Porto Cupecoy

SWEETS/ICE CREAM

Carousel \$
Simpson Bay (Ice Cream & Dessert)

Rendez Vous Lounge \$
Porto Cupecoy (Ice Cream & Dessert)

Jule's Bakery \$
Porto Cupecoy (Dessert)



ISLAND RESOURCES



BANKING

RBC (Royal Bank of Canada)

Banking
rbccroyalbank.com/caribbean/sxm/index.

Republic Bank

Banking
republicbankstmaarten.com

CIBC (First Caribbean Bank)

Banking
wib-bank.net

HEALTHCARE RESOURCES

Andar International

Medical Products for the Caribbean
andarint.com

Nagico-People's Insurance

Health Insurance
nagico.com/index.php/home-stmaarten
peoplesins@caribserve.net

Mullet Bay Clinic

Dr. Deketh -General Practitioner
mulletbayclinic.com

Mental Health Foundation— St. Maarten

Dr. Sachin Gandotra -Psychiatrist
mhf-sxm.com

Pharmacy-Pharmacist:

Mr. Joris de Groot
mahopharmacy@caribserve.net

INTERNET & PHONE

Caribserve

Wireless internet (only)
caribserve.net
info@caribserve.net

Telem

Mobile, Voice, Internet
telemgroup.sx/en/
info@telemgroup.sx

The Mailbox

Internet Service, Telephone & Fax,
Mail & Photocopies
info@mailboxsxm.com

UTS

Mobile, Telecommunications
uts.cw/about-uts/uts-group
infosxm@uts.an

PET SERVICES

Dee's Dog Care Services

Dog Grooming/Boarding
facebook.com/pages/Dees-Dog-Care-Services/132258540146696
deehors21@hotmail.com

Sandi's Pet Paradise

Pet Grooming/Boarding
CULecom030@northwest.ca

The Animal Hospital of St. Maarten

Pet Healthcare
Crowne Plaza Units 4 & 5,
Union Road, Cole Bay
admin@animalhospitalsxm.com

RECREATION

Aqua Mania Adventures—

Dive Adventures
Water Recreation
stmaarten-activities.com
info@stmaarten-activities.com

Octopus Diving

Water Recreation
octopusdiving.com
info@octopusdiving.com

Powerboat Excursions & Robinsons Tours

Boat Tours/Excursions & Charters
facebook.com/robinsonspeedboats/
robinsonboats@icloud.com

Tri Sport

Tours-Biking, Hiking, Kayaking
trisportsxm.com
trisportsxm@caribserve.net

MAIL & SHIPPING

DHL Express

Shipping
dhl.com

The Mailbox

Mail Services
info@mailboxsxm.com

Safe Cargo

Shipping
info@safe.sx

SHOPPING

Decleor Boutique

Salon & Spa

La Vida Bella Day Spa

Salon & Spa

Cost U Less

Grocery & Department Store

costuleless.com/st-maarten

CULecom030@northwest.ca

Le Grand Marche

Grocery Store

legrandmarche.net

email@legrandmarche.net

ACE Hardware

Hardware & Appliances

Midok

Caribbean Road Maps

midok.com

midok@midok.com

The Scuba Shop

Scuba/Diving/Snorkeling Gear

thescubashop.net

info@thescubashop.net

SXM Thrift Shop

Thrift Shop

facebook.com/sxmthriftshop

sxmthriftshop@gmail.com

Tijon Parfumerie & Boutique

Perfume/Cologne Creation

[tijon.com/pages/st-martin-tijon-](http://tijon.com/pages/st-martin-tijon-custom-perfume-location)

[custom-perfume-location](http://tijon.com/pages/st-martin-tijon-custom-perfume-location)

TRANSPORTATION

Empress Rent-A-Car

Car rentals

empressrentacar.com

info@empressrentacar.com

Flying Fish Water Taxi Services

Water Taxis

Hertz Car Rental

Car rentals

hertz.sxmrentacar.com

hertz@sintmaarten.net

Leisure Car Rental

Car rentals

leisurecarrentalsxm.com

info@leisurecarrentalsxm.com

Princess Juliana Airport

Airport

sxmairport.com

info@SXMairport.com



ISLAND ACTIVITIES

Your studies will take priority during medical school but everyone deserves some off time to explore Sint Maarten. Take advantage of your beautiful environment and check out some of our favorite local sites and activities.

- The scuba diving shop Ocean Explorers offers great rates for student certifications and dives: stmaartendiving.com/dive_st_maarten
- Loterie Farm is a nature reserve and sanctuary on top of a beautiful mountain: loteriefarm.com
- Rainforest Adventure offers top of the mountain ziplining and tubesledding: rainforestadventure.com/pages/stmaarten
- Head to TriSports to buy or rent a bike and for biking equipment/repairs/trails: trisportsxm.com
- Want to visit a neighboring island? Take a ferry over for the day: stmartinbookings.com/edge-ferry-saba
- Fort Louis is a short drive from school and offers great views of the west side of the island: tripadvisor.co.uk/Attraction_Review-g147348-d2490074-Reviews-Fort_Louis-Marigot_Saint_Martin_St_Martin_St_Maarten.html
- Fancy a wine and cheese trip to Phillipsburg? The Amsterdam Cheese and Liquor Store has monthly wine tastings and some of the best cheese on the island: visitstmaarten.com/amsterdam_cheese_and_liquor_store
- Over the next two years, you can try to check out all 36 of the island's beaches. Find a description of them here: stmartinland.org/st-martin-st-maarten-activities/st-martin-st-maarten-beaches.html
- Eagle Tours offers catamaran sail tours, powerboat excursions, and charters in St. Maarten and neighboring Anguilla and St. Barth's: sailingsxm.com





TRANSPORTATION

1. SXM Airport
2. Grand Case Airport
3. Port of Sint Maarten



FOOD & GROCERY

4. Ace Hardware
5. Cost-U-Less
6. Daily Extra
7. Market Garden
8. Le Gourmet Marche
9. Carrefour
10. Kooyman
11. Kwik Bargain
12. Maho Market
13. US Imports



PARKS & RECREATION

19. Dive Safaris
20. Octopus Diving
21. Loterie Farm
22. Seaside Nature Park
23. Tri-Sport
24. Aqua Mania Adventure



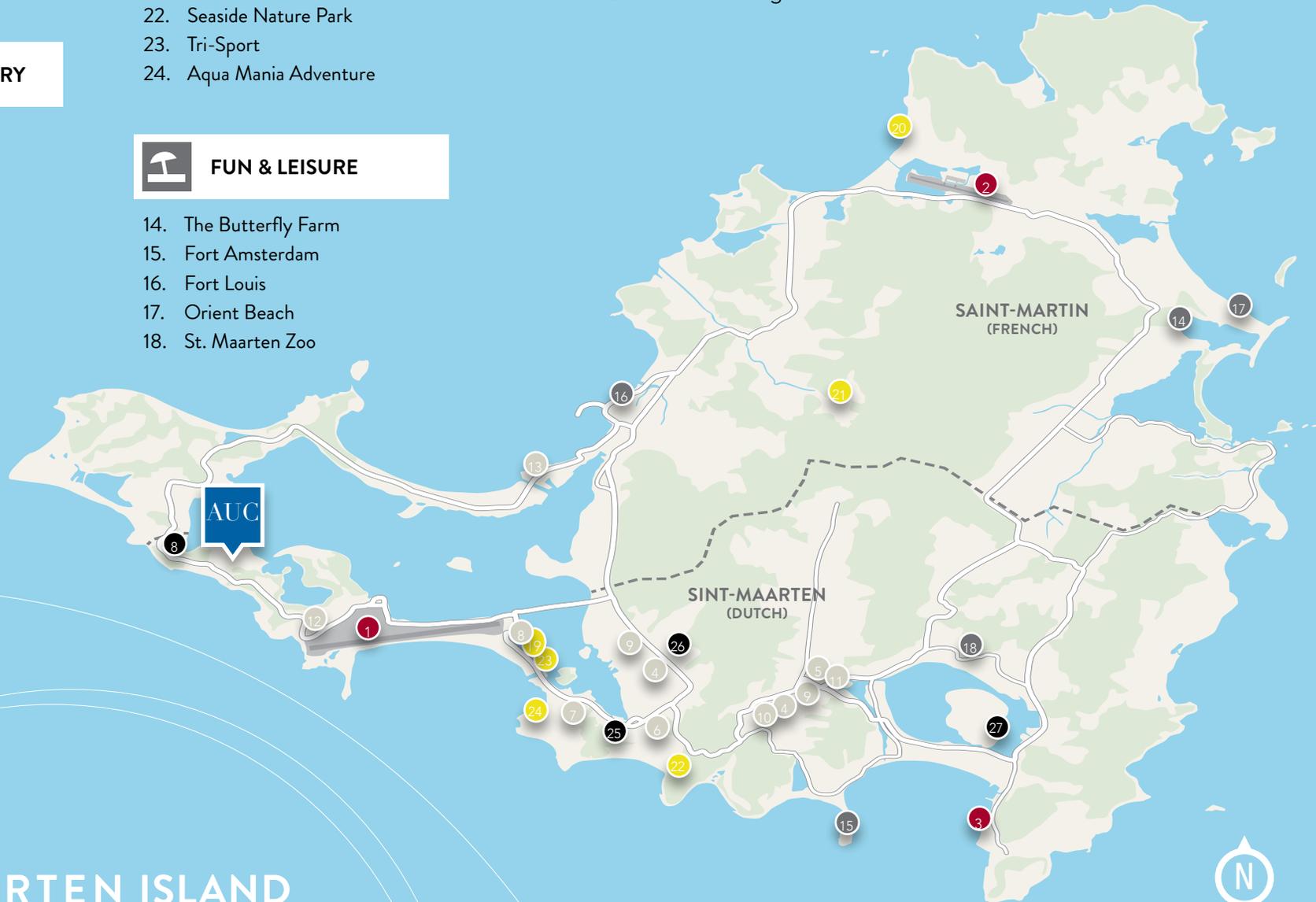
ENTERTAINMENT

25. Megaplex 7
26. Kidsworld
27. Carnival Village



FUN & LEISURE

14. The Butterfly Farm
15. Fort Amsterdam
16. Fort Louis
17. Orient Beach
18. St. Maarten Zoo



SINT MAARTEN ISLAND



American University
of the Caribbean
School of Medicine

305-446-0600 (US Offices)
1-721-545-2298 (Sint Maarten Campus)

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